

Trinity Young At Heart



Membership:

55 yrs. and above or retired

Meetings:

At least 1 meeting or activity
per month

To Build Fellowship

- through the Gospel
- through worship
- through education
- through service projects
- through relationships

Goals in achieving fellowship

1. Sensitize people of all ages to the concerns of older adults
2. enhance the sense of self worth of older adults
3. Implement the extended family concept
4. Offer continued Christian education thru Bible study
5. Utilize the resources and skills of older adults
6. Invite guest speakers and promote seminars on topics of interest
7. Become familiar with community resources
8. Offer opportunity for Christian fellowship and arrange tours etc.



Reflect on these passages that deal with respect for old age.

1. "Gray hair is a crown of splendor; it is attained by a righteous life." Proverbs 16:31
2. "Teach the older men to be temperate, worthy of respect, self-controlled and sound in faith, in love and in endurance. Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good." Titus 2:2-3
3. "Rise in the presence of the aged. Show respect for the elderly and revere your God. I am the LORD." Lev. 19:32
4. "Listen to your father, who gave you life, and do not despise your mother when she is old." Proverbs 23:22
5. "Do not rebuke an older man harshly, but exhort him as if he were your father. Treat younger men as brothers, older women as mothers and younger women as sisters, with absolute purity." 1 Timothy 5:1-2